

You Deserve the Star-Treatment

- Dr. Raj

In Hollywood studios, props and equipment dominate the set. Shelves of books are stacked high against the walls, cords lurk under the rug, and lights hang ominously overhead... Though we do our best to avoid them, accidents happen. You are an actress who accidentally slips down the set stairs and injures your hip. You are a camera man who tears your knee as you landed on it during a fall with your heavy equipment. You are a stunt person who has developed arthritis after years of professional stunt work. Major and minor injuries in the hip and knee are common in the industry that produces blockbuster hits on amazingly realistic, though dangerous sets. And in an industry where only the best find success, you deserve the very best doctor to treat your injuries. Who is that doctor?

Meet Dr. Bal Rajagopalan, M.D., FRCSC, or more commonly known as "Dr. Raj," Los Angeles' finest orthopedic surgeon. Declared one of America's Top Orthopedists in 2007 and 2009 by the Consumers' Research Council of America, Dr. Raj is the best of the best when it comes to orthopedic surgery. Working from his offices in Beverly Hills and Los Angeles, Dr. Raj's personal mission is to combine outstanding customer service with the latest state of the art technology to guarantee you optimum results. Services include hip and knee replacement, worker compensation injuries, sports injuries, arthritis, and fractures. American and Canadian Board certified as an Orthopedic Surgeon, Medical Examiner, and Medical Legal Specialist, Dr. Raj has gained years of invaluable experience and skill to solve your most difficult hip and knee problems. Each unique treatment plan customized for each individual patient strives to alleviate trauma quickly and rapidly return you to your daily life as soon as possible. Dr. Raj is caring, efficient, and supportive, and will exceed your most high exceptions. He understands us industry individuals and our needs, for he has been present on more than one set as a consultant!

Dr. Raj believes seeing an orthopedist and getting proper care can markedly improve a person's health and quality of life. Because an important part of recovery begins before treatment, Dr. Raj and his warm knowledgeable staff will walk you through each step of the treatment from surgical or non-surgical preparation to physical recovery. Dr. Raj is a doctor who truly cares about his patients' well-being and happiness. In fact, he prides his practice on the happiness of his customers, making each doctor's visit a pleasant and comforting experience for you. David, a patient of Dr. Raj raves "Thank you. Because that's what a person says when they've been treated as good as I have been treated. Caring is what makes the biggest difference. It's genuine with Dr. Raj and it shows."

For more information on the amazing orthopedic practice of Dr. Raj, please visit www.drhipandknee.com or call (213) 746-1070. Dr. Raj is the best of the best, and you deserve the star treatment!

Don't Let Life Pass You By...

Become Your Own Star! - Ruth Burton

You are an extra in a highly anticipated action movie starring the most famous celebrities in Hollywood. As you watch the star actress dart across the set, you silently wish you were her... Suddenly, you are her! You hear your red high heels clacking furiously on the pavement as you desperately run away from the man with the machine gun. Your heart is pounding out of your chest. Sweat oozes from your pores. Quickly, you scamper behind a garbage bin as the man runs down the street. "CUT!" the director yells. You watch the star actress materialize from behind the garbage bin and ask for a glass of water. You are no longer the star. You are an extra again, merely watching the scene pass by. Aloud you say to yourself: "that should be me."

Are you dissatisfied with your life? Do your dreams seem so close, yet so far from reach? Do you feel like an extra in your own life when you should be the star character? You're not alone. Hundreds of actors, actresses, screenwriters, directors, agents, and industry folk feel as if they are watching their own lives pass them by, resigned that there is nothing they can do about their discontent. They are wrong. You CAN shape your own fulfilling future. And with the help of Ruth Burton, you will discover just what it takes to live your happily ever after.

Ruth Burton, the gifted heart and soul of Heart Aspirations Coaching, has been inspiring folks like you for over 18 years to follow your heart, uncover your truth, and live your dreams from the inside out. Often, people desire things from the material world because they believe it will grant them the greatest amount of happiness. However, the truth is the things we are searching for start from the inside. Your current unhappiness is actually a reflection of what is going on inside of you. Learning to deal with your inner world—the truth or lies that you tell yourself, your feelings, your fears, the peace and love that you feel, and why you make the choices you do—to discover or uncover, what you really want in your life is the real key to a successful and happy future. Guiding you on this journey of self-discovery is what Ruth does best. She helps YOU change your own life for the better, looking within your heart for what is at the core of your desires.

In fact, Ruth has been where you are too. Confused. Unhappy. Wanting more. At the age of 24, Ruth suffered from a relationship plagued with domestic violence. Separated from her husband, she sought help in a counselor. It was then that Ruth learned about the principles of the Law of Attraction and began the inner work that completely changed her life. A year later, she reunited with her husband upon the realization that we truly do have the ability to shape our own futures. 25 years later, she hopes to share this realization with you so that you can finally have the happy, successful future you deserve.

For more information on Ruth Burton's life-changing coaching that leads you to a happier future, please call (562) 947-4456 or visit www.heartaspirationscoaching.com. Don't let your life pass you by. Become your own star. Discover your truth. Live your dreams as YOU.

DR. RAJ Dr. Bal Rajagopalan, M.D., FRCSC

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